

Hazel Park Recreation
Senior Express
JANUARY / FEBRUARY
2017

DIA THURSDAY'S

Senior Thursdays: 1:00 P.M.

The first Thursday of the month features a guided gallery tour; the second a talk; the third an art-making activity; and the fourth a film. In months with a fifth Thursday, a second gallery tour will be offered. Departure time is 12:30 P.M. Transportation cost is \$3.00 per person.

MGM Grand Detroit

Join us for a fun filled trip to the Casino Friday, February 6th 2017! Trip includes transportation only. Departure time is 10:00 A.M. Cost is \$3.00 per person.



BIG BOY RESTAURANT TRIP

Join us on Friday January 27th, 2017 for a delicious meal at Big Boy restaurant. Trip includes transportation only. Departure time is 10:00 A.M. Cost is \$3.00 per person.

OUTSIDE RESOURCES

SameAddress

A new program from Area Agency on Aging 1-B

SameAddress offers contemporary and comprehensive lifestyle solutions- Senior Concierge and Senior Care- that allows seniors to live at home, while delivering the safety, household and personal care services that make daily living easier and better. SameAddress is a program of the Area Agency on Aging 1-B and a social enterprise, committed to improving the lives of seniors, and those requiring assistance to stay in their homes and communities.

For more information, call 1-866-746-4671 or visit the SameAddress website, www.sameaddress.com

myride2

The Area on Aging 1-B is offering a new service called myride2. This is a one-call, one-click mobility management service that is dedicated to helping seniors and adults with disabilities remain mobile for life. myride2 is a free service but there is a cost for transportation itself.

For more information call myride2 toll free at 1.855.myride2 (1-855-697-4332) or go online www.myride2.com.



Laugh of the day...

Three seniors are out for a stroll.
One of them remarks, "It's windy."
Another replies, "No way. It's Thursday."
The last one says, "Me too. Let's have a soda."

You're over the hill when your back goes out more than you do.



JANUARY BIRTHDAYS	FEBRUARY BIRTHDAYS
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DOLORES SUSZKO	2ND	ROBERT PETERSON	5TH
WILLIAM BERRY	3RD	JOHN STARIHA	10TH
RUTH BLAKE	6TH	CHRISTINA BENING	14TH
ANNA DICKENS	11TH	ROSIE HALL	21ST
DORTHY PARDY	15TH	ELVIRA RANK	23RD
HAROLD BRENIZER	25TH	VERNA BEARD	25TH



JANUARY SHOPPING TRIPS	FEBRUARY SHOPPING TRIPS
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MEIJER JANUARY 6TH
TARGET (DEQ) JANUARY 13TH
WALMART JANUARY 20TH
KROGER (12 MILE) JANUARY 27TH

OAKLAND MALL FEBRUARY 3RD
MEIJER FEBRUARY 10TH
TARGET (JOHN R) FEBRUARY 17TH
WALMART FEBRUARY 24TH

VAN SERVICE INFORMATION

The City of Hazel Park in cooperation with SMART offers transportation services to Hazel Park residents who are ages 60 or older with no other means of transportation and to the physically handicapped of any age. Rides offered between the hours of 8:30 A.M. - 2:00 P.M. Monday - Thursday. Rides must be made at least 2 days in advance; call to verify transportation service area. The fee is \$3.00 round trip. For further information, call 248-547-5535 for a list of rules and necessary medical forms that must be completed prior the use of transportation services.



ONGOING PROGRAMS AT THE CENTER...

Lunch is served Monday - Thursday at 11:00 A.M. There is a \$3.50 per meal requested donation. Meals are courtesy of Senior Meals On Wheels.

Bingo is played every Wednesday after lunch. Prizes are donated pastries, chips, and one winner will receive a free lunch for the day.

Cards are played on Tuesdays and Thursdays from 6:00-8:00 P.M. Everyone is welcome to attend.

Our Activity room is available for walking indoors during the Winter and Summer.

Birthdays are celebrated in the evening on the 2nd Thursday monthly during evening cards.

Pizza night is on all Thursdays (except Birthday night) during evening cards. Cost for pizza is \$2.00 per person.